

# PHYSIOTHERAPY referrals

## FOR HOMECARE

### Our Homecare Physiotherapists support:

- Vestibular physiotherapy (improving balance/ dizziness related to vestibular system)
- Neurological physiotherapy (improving range of motion/ balance/ function/ strengthening etc for clients with Parkinson's disease, Stroke, Multiple Sclerosis, Acquired Brain Injury)
- Exercise prescription including balance, strengthening and cardiovascular fitness
- Pain assessment or treatment
- Cardiorespiratory physiotherapy (managing shortness of breath, various lung conditions, airway clearance)
- Falls Assessment or falls history
- Mobility Assessment (walking)
- Orthopaedic physiotherapy (upper limb and lower limb)
- Brace prescription (ankle, knee, wrist)

\*customised braces (AFO) needs to be prescribed by orthotist

Walking aid  
prescription  
including 4 wheel  
walkers, walking  
sticks, walking  
frames



**CONCENTRIC**  
*Care, for good*

[www.concentric.com.au](http://www.concentric.com.au) P 1300 148 160 E [homecare@concentric.com.au](mailto:homecare@concentric.com.au)

# OCCUPATIONAL THERAPY referrals FOR HOMECARE

## Our Homecare OT's support:

- Lymphoedema management/ compression garment assessment and prescription
- Functional assessment (Falls prevention strategies such as Personal Alarm system, removing rugs/carpets causing tripping hazard)
- Transfer assessment (using slings/ slidesheets/ sara steady/ standing machine equipment)
- Wheelchair/ scooter prescription of an type
- Pressure cushions review/ prescription
- Hand therapy/ adaptive hand cutlery
- Upper limb assessment/ retraining (stroke, neurological, carpal tunnel)
- Cognitive assessments
- Equipment: Recliner chairs/ dining room chair, Bedroom (bed frames/ mattress/ bed poles) and Bathroom (toilet frames, shower stools)

Walking aid  
prescription  
including 4 wheel  
walkers, walking  
sticks, walking  
frames



**CONCENTRIC**  
*Care, for good*

[www.concentric.com.au](http://www.concentric.com.au) P 1300 148 160 E [homecare@concentric.com.au](mailto:homecare@concentric.com.au)