

Neurological Physiotherapy

At Concentric

Neurological physiotherapy is a specialised form of therapy designed to help stroke survivors regain strength, mobility, and independence. Research tells us that intensive, targeted and task specific training is required to regain function after a stroke and Concentric physiotherapists have specific training, interest and support in this field.

KEY BENEFITS:

1. Regain Mobility and Enhance Independence:

- Targeted exercises to improve balance, coordination, walking, and ability to participate in any other functional activities.
- Strengthen muscles weakened by the stroke, helping you move more freely.
- Use the principles of neuroplasticity to retrain your brain.
- Learn techniques to perform daily activities with greater ease.
- Increase your confidence in managing everyday tasks like walking, dressing, bathing, and cooking.

2. Prevent Complications:

- Reduce the risk of falls and other complications related to immobility.
- Increase your participation in physical activity to help reduce the risk of further strokes.
- Work with compassionate therapists who understand the emotional challenges of stroke recovery.
- Concentric can offer this service both in their purpose built clinics and in the community.

The benefits of clinic based therapy:

- Use of specialised equipment such as the LiteGait body weight support system, tilt table, electrical stimulation, weights and cardiovascular training equipment.
- Group based therapy

The benefits of community based therapy:

- Retraining of a task in the environment you need to perform the task.
- Home, work, park, anywhere
- Level of comfort in own environment



Please contact us to find out more about Concentric's neurological physiotherapy services

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